

**PARTICIPANT SURVEY**  
**WIC - BUILDING A HEALTHY MONTANA**

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**CLINIC/SITE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

We need your help and would like a few minutes of your time. Please answer the following questions. We will use the answers to improve our services to you. All answers will be kept confidential. **THANK YOU!**

1. What do you think of the information received from the WIC staff? (circle numbers below)

- |    |                           |          |          |          |                    |
|----|---------------------------|----------|----------|----------|--------------------|
| A. | <b>Not Interesting</b>    |          |          |          | <b>Interesting</b> |
|    | <b>1</b>                  | <b>2</b> | <b>3</b> | <b>4</b> | <b>5</b>           |
| B. | <b>Not Helpful</b>        |          |          |          | <b>Helpful</b>     |
|    | <b>1</b>                  | <b>2</b> | <b>3</b> | <b>4</b> | <b>5</b>           |
| C. | <b>Hard to Understand</b> |          |          |          | <b>Too Simple</b>  |
|    | <b>1</b>                  | <b>2</b> | <b>3</b> | <b>4</b> | <b>5</b>           |

2. WIC has helped my family the most by (check one):

- ☐ WIC has not been of much help to my family
- ☐ Giving us information on nutrition
- ☐ Helping solve our nutrition/feeding problems
- ☐ Teaching us the importance of good nutrition/feeding habits
- ☐ Giving us food and nutrition information
- ☐ Giving us extra food for my family
- ☐ Other Comments: \_\_\_\_\_

3. When you use your WIC checks at the store, how are you treated? (describe, such as politely, rudely, etc.)

Comments: \_\_\_\_\_

If treated rudely, did you report it to the WIC Program? ☐ Yes ☐ No

Comments: \_\_\_\_\_

4. When you are at the WIC clinic, how have you been treated by the staff? (Describe, such as politely, rudely, etc.)

Comments: \_\_\_\_\_

If treated rudely, did you report it to the State WIC Office? ☐ Yes ☐ No

Comments: \_\_\_\_\_

5. I like to learn about nutrition from: (check all that apply)

- ☐ Pamphlets or other handouts
- ☐ Videos, films, or movies
- ☐ A group meeting
- ☐ Individual visits with a dietitian or nurse
- ☐ Bulletin boards or posters in the waiting room
- ☐ Newsletters from the local WIC office

- ☐ Recipe ideas
  - ☐ Other suggestions: \_\_\_\_\_
6. Do you use the: (check all that apply)
- ☐ Nutrition information received verbally
  - ☐ Recipe ideas
  - ☐ Newsletters
  - ☐ Handouts (example: pamphlets, booklets, or flyers)
7. What topics would you like to learn more about (check all that apply)
- ☐ The Feeding Relationship
  - ☐ Preventing feeding problems
  - ☐ Positive parenting
  - ☐ How to plan meals, menus for my family
  - ☐ Keeping fit and eating right
  - ☐ How to purchase foods
  - ☐ Budget meal planning
  - ☐ How to use leftovers
  - ☐ Healthy snacks for kids
  - ☐ How to make soup
  - ☐ Fast food and your diet
  - ☐ Building a healthy baby
  - ☐ How to use WIC foods
  - ☐ Breastfeeding
  - ☐ Healthy teeth for happy smiles
  - ☐ Weight gain and pregnancy
  - ☐ Baby bottle tooth decay
  - ☐ Alcohol, drugs, and you
  - ☐ Feeding your toddler
  - ☐ Gardening
  - ☐ Weaning your baby
  - ☐ Other ideas
  - ☐ Is your baby getting enough to eat? (**breast milk or formula**)

8. I have been on the WIC program for years/months With WIC's help I have made the following changes in my family's health

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9. How can we improve the WIC program or the service provided to you?

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**Thank You. We will use this information to improve our services to you.**

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